


**MISSISSIPPI DEPARTMENT OF HUMAN SERVICES
DIVISION OF YOUTH SERVICES
JUVENILE INSTITUTIONS**

Subject: Health Care Appraisal and Examination		Policy Number: 16
Number of Pages: 3		Section: XI
Attachments	Related Standards & References	
Physical Exam Form (Boys) XI.16.A.1 Physical Exam Form (Girls) XI.16.A.2	ACA Juvenile Health Care Performance Based Standards: 4-JCF-4C-03, 4-JCF-4C-04	
Effective Date: 06/09/06 Revision Date: 07/07, 04/16/08,05/01/11	Approved: 	

I. POLICY

It is the policy of the Mississippi Department of Human Services, Division of Youth Services, that an intake medical appraisal and examination for each youth be completed by health care personnel within fourteen (14) days after arrival at the facility. Additionally, all youth receive an annual medical examination completed by the facility's contract physician. (2-CO-4E-01; 4-JCF-4C-03)

The Health Services Coordinator and a qualified physician shall approve health appraisal and examination data collection and documentation format. The health appraisal is completed by health care personnel and includes at least the following: (4-JCF-4C-03)

- Review of the earlier receiving screening
- Review of the results of the previous medical examination, test, and identification of problems;
- Recording of height, weight and vital signs (pulse, blood pressure, respiration, temperature);
- Collection of additional data to complete the medical, dental, mental health, and immunization histories; and
- Consultation with a physician or other health care practitioner licensed pursuant to federal and state law as appropriate.

A physician, or other health care practitioner, licensed pursuant to federal and state law completes the health examination and includes at the following: (4-JCF-4C-03)

- Review of the earlier admission screening results, appraisal data, previous medical examination, testing and health problems;
- Physical examination, documented on either Form XI.16.A.1 or Form XI.16.A.2,
- Request for any additional data to complete the medical, dental, mental health, and immunization histories;
- Order for laboratory and/or diagnostic tests to detect communicable disease, including sexually transmitted diseases and tuberculosis
- Other test and examinations, as appropriate;
- Initiation of therapy, when appropriate; and

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- Development and implementation of treatment plan, including recommendations concerning housing and program participation.

II. DEFINITION

As used in this policy and procedure, the following definitions apply:

Physical Exam – A thorough evaluation of a patient’s current physical condition and medical histories conducted by physician (MD), osteopathic physician (DO) or licensed health care practitioner.

III. PROCEDURE

- A. At the time of intake to the facility, each youth shall receive a health screening and assessment by a nurse. Refer to MDYS Policy XI.15, Admission Health Screening and Assessment. (4-JCF-4C-03)
- B. The Facility Physician shall complete a physical exam on all youth within seven (7) days of arrival, but no later than fourteen (14) days.(4-JCF-4C-03)
 1. The examination shall be documented by the physician on the Physical Exam Form XI.16.A1 (Boys) or XI.16.A.2 (Girls). (4-JCF-4C-03) Additional medical findings shall be documented in the youth’s health record, Interdisciplinary Progress Notes XI.8.A.
 2. All female health care appraisal and examinations shall also include:
 - Pelvic exam
 - Pap smear
 - Laboratory tests, as ordered by the health care clinicians, to detect sexually transmitted diseases. (STDs)
 - A urine pregnancy test within seven (7) days of admission
 - A board-certified Obstetrician shall be contracted to provide appropriate pre, peri and post-partum services.
 3. The Physician shall review earlier receiving admission screening results, appraisal data, previous medical examinations, tests, and health problems to determine if additional collection of data and/or laboratory or diagnostic tests is required, as appropriate. (4-JCF-4C-03)
 4. The Physician shall develop a written individual medical treatment plan with directions for health care and other personnel regarding their roles in the care and supervision of the youth requiring close medical supervision. Refer to MDYS Policy XI.20, Special Health Needs Programs and Health Care Treatment Plans.
 5. The Physician shall complete a physical exam on all youth annually. Annual physical examinations for female students shall include breast examinations and pap smears. The examination shall be documented by the physician on the Physical

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Exam Form XI.16.A.1 (Boys) or XI.16.A.2 (Girls). (4-JCF-4C-03) Additional medical findings shall be documented in the youth's health record, Interdisciplinary Progress Notes XI.8.A.

- C. At any time during the youth's commitment, there is reason suspect that a student may be hiding contraband in a body cavity and a need arises to perform a manual or instrument inspection of a body cavity, authorization by the Facility Administrator or designee in consultation with the facility's contract physician shall be required.(4-JCF-4C-62)
 - 1. An X-Ray shall be ordered by the physician if the evidence of need is there. 4-JCF-4C-62)
 - a. If the physician is on campus at the time of the request he/she may decide to forego the emergency room and perform the cavity inspection.
 - b. If the student is sent to the emergency room for X-Ray, inform the emergency room staff (when report is called and write on the consult form) that if a foreign object/s, item/s and/or substance if found removal is requested to be performed at the time of the consultation if possible.
 - i. Request that a copy of the X-Ray be returned to campus with the student.
 - ii. Request that foreign object/s, item/s and or substance removed be transferred to the possession of DYS personnel.
 - 2. This process will be followed from admission to release.
- D. The facility Psychiatrist shall complete an assessment on all youth that are on psychotropic medication, those who have a history of mental health treatment and those referred to the psychiatrist thorough qualified mental health professionals on staff. Refer to MDYS Policy XI.32 Use and Management of Psychotropic Medication.
- E. The facility Dentist shall complete a dental exam on all youth within fourteen (14) days. Refer to MDYS Policy XI.19, Dental Screening and Examination.
- F. Laboratory tests shall be drawn and/or obtained by nurses on all youth admitted as ordered by the facility physician. Refer to MDYS Policy XI.17, Laboratory Services.
- G. A qualified physician shall review Forms XI.16.A.1, XI.16.A.2 Physical Exam Forms.
- H. The Health Services Coordinator shall revise this policy as necessary.