


**MISSISSIPPI DEPARTMENT OF HUMAN SERVICES
DIVISION OF YOUTH SERVICES
JUVENILE INSTITUTIONS**

Subject: Health Education and Prevention		Policy Number: 22
Number of Pages: 2		Section: XI
Attachments	Related Standards & References	
Teaching Learning Flow Sheet Form XI.22.A	ACA Juvenile Health Care Performance Based Standards: 4-JCF-4C-26, 4-JCF-4C-57	
Effective Date: 06/09/06 Revision Date: 04/16/08, 05/01/11	Approved: 	

I. POLICY

It is the policy of the Mississippi Department of Human Services, Division of Youth Services, to promote the provision of health education and wellness information to all youth for the development of sound habits regarding personal hygiene, injury prevention, and safe and healthy choices. Training all youth in these areas is necessary as a preventative health service. (4-JCF-4C-26, 4-JCF-4C-57)

II. DEFINITIONS

As used in this policy and procedure, the following definitions apply:

None

III. PROCEDURE

A. The health education/wellness program shall reflect identified juvenile health education needs and to prevent injuries. (4-JCF-4C-57) Health education/wellness topics shall address at a minimum the following: (4-JCF-4C-26)

- Access to health care services
- Personal hygiene and grooming
- Dental care
- Substance abuse
- Self-examinations
- Self care for chronic conditions
- Adolescent nutrition
- Prevention of communicable diseases (to include education on Tuberculosis, Hepatitis A, B and C, HIV/AIDS, and other sexually transmitted diseases)

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- Additionally, each program shall include disease-specific education, education related to medications, and any unique health-related issues that arise in a particular setting
 - Pregnancy and childbirth

- B. Each health care topic shall have a written curriculum outlining the teaching methods, content, and participant documentation requirements.
 1. Methods of instruction may vary, based on the age of the youth, their individual experience, educational level, and personal motivation. Methods of training may include group discussion, self-directed activities, pamphlets and printed materials and presentation of DVDs.
 2. Documentation of all health education training presented by the medical department staff shall be maintained.
 - a. If the health education is provided during an individual encounter with a licensed healthcare professional (for example, the youth is given instructions by a physician regarding medication, health teaching which is provided to youth with special health needs, or a youth is given instructions regarding symptoms to report) then the health care personnel shall document in narrative format in the youth's health record, Interdisciplinary Progress Notes form XI.8.A.
 - b. If group health education classes are provided on-site, and the size of the class or other factors prevent the recording of the information in the individual medical record, it is suggested that a separate file be maintained at the facility which indicates: Date of the class; Content (may include curriculum, memo or flyer advertising the class); Roster of participating youth; and Name and title of presenter.
 - c. Form XI.22.A- Teaching Learning Flow sheet shall be maintained on each youth, shall contain each educational offering that the student has participated in and shall be maintained in the Health Record in the miscellaneous tab.

- C. The Health Services Coordinator shall revise this as necessary.