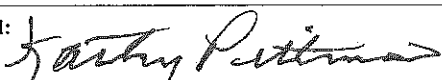


**MISSISSIPPI DEPARTMENT OF HUMAN SERVICES
DIVISION OF YOUTH SERVICES
JUVENILE INSTITUTIONS**

Subject: Therapeutic Diets and Diet Referrals		Policy Number: 23
Number of Pages: 2		Section: XI
Attachments Special Diet Request Form XI.23.A	Related Standards & References ACA Juvenile Health Care Performance Based Standards: 4-JCF-4C-18	
Effective Date: 06/09/06 Revision Date: 03/01/07, 04/25/0805/01/11	Approved: 	

I. POLICY

It is the policy of the Mississippi Department of Human Services, Division of Youth Services, that standard procedural guidelines shall be established for provision of youth requiring therapeutic diets and/or dietary referrals. Therapeutic diets shall be prepared and served to youth according to the orders of the treating physician or other health care practitioners pursuant to federal and state law. A diet manual shall be available in the health services and food services areas for reference and information. (4-JCF-4C-18)

II. DEFINITIONS

As used in this policy and procedure, the following definitions apply:

Therapeutic Diet: is designed to achieve or maintain an optimal nutritional status in persons who require medical nutrition therapy to treat illness, injury or health condition.

III. PROCEDURE

- A. Therapeutic diets shall be written as a doctor's order and processed on the Special Diet Request Form XI.24.A (4-JCF-4C-18)
1. The nurse transcribing the physician order shall complete the Special Diet Request Form XI.23.A and forward it to the facility's Food Service Manager. A signed copy of the Doctor's Order shall be attached to the Special Diet Request Form.
 2. The nurse shall place a copy of the Special Diet Request Form XI.23.A in the youth's health record.
 3. When a youth alleges a food allergy and this can not be verified by records on hand, the nurse shall phone the parent or guardian for verification. If verification can not be accomplished at the time of admission the nurse shall instruct the youth to avoid the specific allergen until verification from parent is received.

Subject	Policy Number	Page
Therapeutic Diets and Dietary Referrals	XI.23	2 of 2

4. When a youth is ordered a diabetic diet, the nursing personnel shall reference the Mississippi Dietetic Manual for the youth's diabetic diet menu.
 - a. A copy of the diet menu is maintained in the youth medical record.
 - b. The nurse shall document in the youth's medical record, Interdisciplinary Progress Notes, dietary intake when noncompliance is an issue and shall inform the facility physician and consult with the Mississippi's State Dietician located at the State Health Department Office.
 5. When a therapeutic diet, excluding food allergies, has been written for a long duration a physician review shall be required at least every sixty (60) days. Any change to the diet shall require a written physician order.
- B. The Health Services Coordinator shall revise this policy as necessary.